

DINNER IDEAS

Sat: _____

Sun: _____

Mon: _____

Tues: _____

Wed: _____

Thur: _____

Fri: _____

MEAT

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FROZEN

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CANNED GOODS

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PRODUCE

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DAIRY

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DELI

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BREAD/CEREAL/SNACKS

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BAKING

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CLEANING/STORAGE

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- _____
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PAPER PRODUCTS

- _____
- _____
- _____

OTHER

- _____
- _____
- _____